

ADVANCED ENDURANCE / RANDONNEURING

Clothing & Equipment
Choices and Philosophy



Rocky Mountain Cycling Club
Randonneurs USA

John Lee Ellis

CLOTHING

– GOALS –

- Layering
- Compact packing, light-weight
- Wide temperature/precip range
- Survivability

CLOTHING

- Leg-warmers / knee-warmers
- Arm-warmers
- Toe-covers
- Finger-covering gloves / mitten shells
- Thermal cap
- Hat
- Long-sleeve base layer
- Wind vest
- Rain shell / Windbreaker
- Space blanket?

EQUIPMENT

– GOALS –

- Bike that fits – comfortable for long ride – *but ...*
 - Not fragile
 - Not exotic (hard to repair)
 - “Performance with Survivability”

EQUIPMENT

- Tools
- Pump
- Aero bars?
- Fenders?
- Baggage system
- Two rear lights
- Headlights - *battery or generator?*
- Helmet light - *for repairs, looking for landmarks*
- Cue-sheet light?