



Summit Country Permanent

200K Permanent

VeeGeeVee

Vail - Glenwood Springs - Vail

km Leg Total

Stage TURI

Checkpoint times reflect a 7am start. You may agree on another start time.

CHECKPOINT 1: City Market

2109 N Frontage Rd W, Vail. (970) 476-1419

Open 7:00 Close 8:00

0	0.0	0.0	.0	R	RIGHT onto Frontage Road -WEST
0.6436	.4	.4	.4	3L	Third Left in Traffic circle to STAY ON FRONTAGE ROAD
0.8045	.1	.5	.5	R	First right (NOT THE OFF RAMP!!) in Traffic circle to stay on FRONTAGE ROAD
2.5744	1.1	1.6	1.6	S	Access Bike Path
5.9533	2.1	3.7	3.7	R	Right onto Highway 6
9.654	2.3	6.0	6.0	S	At the traffic circle, continue straight to stay on US-6 W
11.263	1.0	7.0	7.0	S	At the traffic circle, continue straight to stay on US-6 W
44.408	20.6	27.6	27.6	S	STRAIGHT at Traffic Circle. FOOD/WATER/RESTROOMS ON RIGHT
56.476	7.5	35.1	35.1	3R	THIRD exit in Traffic Circle - STAY ON Route 6
66.934	6.5	41.6	41.6	S	STRAIGHT to continue on Frontage Road
71.44	2.8	44.4	44.4	S	Continue onto Glenwood Recreation Bike Path
96.54	15.6	60.0	60.0	S	Straight (Glenwoord Hot Springs Pool on right)
97.184	.4	60.4	60.4	L	Left onto Laural. Go UNDER I-70. Watch for Traffic.
97.345	.1	60.5	60.5	S	Access Bike path immediately past underpass.
97.505	.1	60.6	60.6	L	Left on Bike Path
99.919	1.5	62.1	62.1	L	Left onto S. Glenn
100.08	.1	62.2	62.2		

CHECKPOINT 2: Any establishment (Wendys/Gas Station/Starbucks)

Water/Food/Bathrooms

Open 10:20 Close 13:40

100.24	.1	62.3	.1	R	Right onto S. Glenn
102.65	1.5	63.8	1.6	R	Right on Bike Path
102.82	.1	63.9	1.7	S	Exit Bike Path just before Underpath - WATCH TRAFFIC. Go Straight.
102.98	.1	64.0	1.8	R	Right on 6th Street
103.3	.2	64.2	2.0	S	Straingt - continue to Hot Springs Pool
103.62	.2	64.4	2.2	S	Access Bike Path
128.72	15.6	80.0	17.8	S	Continue on Frontage Road
133.23	2.8	82.8	20.6	S	Continue on Frontage Road
143.68	6.5	89.3	27.1	S	First RIGHT in Traffic Circle to Stay on Rt 6.
155.75	7.5	96.8	34.6	S	STRAIGHT at Traffic Circle. FOOD/WATER/RESTROOMS ON LEFT
188.9	20.6	117.4	55.2	1R	At the traffic circle, continue straight to stay on US-6 W
190.51	1.0	118.4	56.2	S	At the traffic circle, continue straight to stay on US-6 W
194.21	2.3	120.7	58.5	S	Left onto Vail Bike Path
197.59	2.1	122.8	60.6	S	Continue on Frontage Road
199.36	1.1	123.9	61.7	S	Third right to go under I-70
199.52	.1	124.0	61.8	3R	First right (NOT THE OFF RAMP!!) in Traffic circle to stay on FRONTAGE ROAD
200.16	.4	124.4	62.2	L	Left into City Market

CHECKPOINT 3: City Market

2109 N Frontage Rd W, Vail. (970) 476-1419

Open 13:42 Close 20:24

dnf? Call Catherine Shenk 720 987 3775